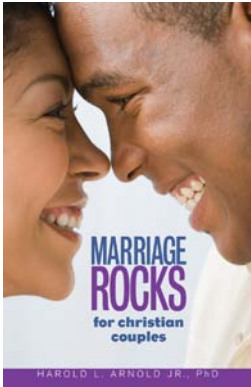


## Author Reveals How to Build a ROCK Solid Marriage



Valley Forge, PA — Evidence suggests that marriage may be losing to more secular values. African Americans, in particular, have one of the lowest marriage rates in the country, and their divorce rate is among the highest. In response to the critical condition of black marriages, Dr. Harold Arnold offers a twelve-step model in *Marriage ROCKS for Christian Couples*.

With the Marriage ROCKS method, Arnold challenges couples to establish and strengthen their relationship on a rock-solid foundation of:

- \*Redemption -- the rock of grace
- \*Offering -- the rock of sacrifice
- \*Covenant -- the rock of boundaries
- \*Knowledge -- the rock of power
- \*Sacred space -- the rock of worship

The book leads couples at all levels of relational intimacy on a journey to discover how marriage (1) develops the human capacity to experience the fullness of God's love and (2) becomes a ministry through which to share God's love with others. Designed for use by individual couples, with small groups, or in counseling contexts, this practical book includes biblical study, discussion questions, and action steps. A separate Leader's Guide is also available.

**About the Author:** **Harold L. Arnold Jr.** holds a PhD in social and organizational psychology from Temple University and a master's degree in marriage and family therapy from Fuller Theological Seminary. He is president and founder of Discovering Family International, an organization that promotes the virtues and values of family life. A sought after speaker and workshop leader, Dr. Arnold is also creator of the Relationship ROCKS model™, a program for building equity in personal relationships. A member of the American Association of Christian Counselors and Black African-American Christian Counselors, Dr. Arnold serves as a minister and counselor for a large multi-cultural church in Philadelphia.

A sample chapter of Marriage ROCKS can be downloaded at [www.haroldarnold.com](http://www.haroldarnold.com). Also visit Harold Arnold's DigitalMarriage.com where the reader's vote directs the course of the fictional Rob and Celia's relationship.

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